

## Jessica Parent

### Associate

Jessica Parent is a member of Lavery's Labour and Employment group.

As part of her practice, she is called upon to deal with a wide variety of issues, including hiring and employment termination, labour standards, human rights and freedoms, collective agreement decrees, disciplinary measures and the interpretation and application of employment contracts and collective agreements.

Before joining Lavery, Ms. Parent worked as a labour relations consultant in the hospital sector, where she gained practical experience in collective labour relations and workplace investigations. During her university studies, she worked in the legal affairs department of the *Commission des normes, de l'équité, de la santé et de la sécurité du travail*.

Ms. Parent appears on the Dean's list of the Faculty of Law of the *Université de Sherbrooke* and has been awarded the *Prix des Éditions Yvon Blais* in legal writing.

### Publications

Jessica Parent and Loriane Richard, "Dividing up of certified bargaining units – The Québec Court of Appeal calls into question the automatic application of traditional criteria." *Droit de savoir*, June 2017

Myriam Lavallée and Jessica Parent, "Hiring an employee versus a self-employed worker: advantages, disadvantages and pitfalls to avoid," article published on the Lavery Go inc. website for start-up businesses, May 2017

Myriam Lavallée and Jessica Parent, "First-aid course required by the ministère de la Famille: is the employer required to pay for the training time?", article published in a legal information bulletin for childcare centre managers, January 2017

### Education



### Lawyer Montréal

Telephone [514.877-2943](tel:514.877.2943)  
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#### Bar Admission

Québec, 2016

#### Languages

English  
French

## Practice areas

### Labour and Employment

LL.B, *Université de Sherbrooke*, 2015

Short program in labour relations, *Université du Québec à Trois-Rivières*, 2016

Certificate in Translation, University of Toronto, 2020

## Boards and Professional Affiliations

*Jeune dirigeante de la relève* (young future leader), *Caisse Desjardins Laviolette*, 2018

Member of the board of directors of *Ménagez-vous*, a domestic help social economy business, 2017-2018

*Ordre des conseillers en ressources humaines agréés du Québec*