

Sophie Blanchet

Associate

Sophie Blanchet joined the Lavery team as a student in the summer of 2021.

She quickly developed a keen interest in litigation and became involved in a wide variety of cases. She joined the Litigation and Dispute Resolution group in 2024 after completing her internship there.

Ms. Blanchet practises mainly in the areas of civil and professional liability, life and disability insurance and commercial litigation. She completed her law degree at Université Laval.

During her legal studies, Sophie worked as a volunteer researcher at the Université Laval legal information office.

Professional and community activities

- Volunteer, Pro Bono Students Canada, Université Laval section, 2018-2019
- Université Laval legal information office, 2019-2020, volunteer

Education

LL.B., Laval University, 2021

